

Sheet Metal #10 Benefit Fund

OFFICE OF THE ADMINISTRATOR
1681 East Cope Ave, Suite B, Maplewood, MN 55109
651-770-0991 Fax 651-770-1351 1-800-396-2903

February 2025

IMPORTANT ANNOUNCEMENT FOR RETIRED PARTICIPANTS

Summary of Material Modifications

Effective April 1, 2025, the Trustees of the Sheet Metal #10 Benefit Fund (Plan) have amended the Major Medical Expense Benefits section of the Plan to provide coverage of Preventive Services at 100%. Such Preventive Services will not be subject to the deductible. Previously such services were covered at 80% after the deductible.

The Preventive Services covered at 100% are those medical services defined as Preventive Services under the Patient Protection and Affordable Care Act (ACA).

1. Schedule of Benefits - Preventive Services Coverage

The Plan's Schedule of Benefits is amended to provide coverage of Preventive Services at 100% as follows:

Major Medical Expense Benefit	Coverage
Preventive Services Coverage (Preventive services as defined under the Patient Protection and Affordable Care Act)	100%

2. Schedule of Benefits – Immunizations

The Plan's Schedule of Benefits is amended to provide coverage for Immunizations at 100%, not subject to the deductible.

This provision will cover those immunizations considered a preventive service under the Patient Protection and Affordable Care Act, which encompasses most common immunizations.

Major Medical Expense Benefit	Coverage
(Immunizations) (see next row for immunizations administered at a pharmacy)	100%

If you have questions about whether a particular immunization is covered, you can go to: <https://www.healthcare.gov/coverage/preventive-care-benefits/> for a comprehensive list of the specific immunizations considered a preventive service under the Patient Protection and Affordable Care Act.

3. **Schedule of Benefits - Routine Physical Examination**

The Plan's Schedule of Benefits is amended to provide coverage of Routine Physical Examinations as follows:

Major Medical Expense Benefit	Coverage – Plan A
Routine Physical Examination (one per year – including cancer examination)	100%

4. **Major Medical Expense Benefit – Preventive Services Coverage**

The Plan is amended by the addition of provision No. 34 related to coverage for Preventive Services, which will provide as follows:

34. Preventive Services as defined under the Patient Protection and Affordable Care Act consisting of:
- Evidence-based items or services with an A or B rating recommended by the United States Preventive Services Task Force (USPSTF);
 - Immunizations for routine use for children, adolescents, or adults recommended by the Advisory Committee on Immunization Practices for the Centers for Disease Control and Prevention;
 - Evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the Health Resources and Services Administration (HRSA) for infants, children, and adolescents; and
 - Other evidence-informed preventive care and screenings provided for in comprehensive guidelines supported by HRSA for women.

You can find the services currently considered as preventive services under the above noted categories at: <https://www.healthcare.gov/coverage/preventive-care-benefits/> ***Please note that only the major medical benefits included on this site are being amended to 100% coverage. Prescriptions and other non-major medical benefits are not included in this provision.***

5. **General Exclusion and Limitations – Bariatric Surgery Benefits**

The Plan's exclusion related to Medical and Surgical Treatment of Weight Reduction and Obesity remains in place. However, with this amendment, the Plan will now cover dietary programs as a Preventive Service at 100%. As such, the exclusion for medical and surgical treatment for weight reduction and obesity no longer references an exclusion for dietary programs and will now provide as follows:

36. Unless otherwise covered under the Bariatric Surgery Benefits, medical or surgical treatment for weight reduction or obesity, including morbid or exogenous obesity. Examples of

Summary of Material Modifications
February 2025

excluded procedures or treatments are gastric bypass, Roux-en-Y procedure, vertical banded gastroplasty, loop gastric bypass, simply gastroplasty (more commonly known as stomach stapling), duodenal switch operation, biliopancreatic bypass (Scopinaro procedure), mini gastric bypass, implantable gastric stimulators, and other weight loss surgeries. Also excluded from coverage is treatment required because of, or arising from, complications from a treatment or condition excluded by this paragraph.

If you have any questions regarding this amendment to the Plan, please contact Wilson-McShane at 952-854-0795.

Notice Regarding “Grandfathered” Status

This notice must accompany any Plan materials that are sent to participants.

The Sheet Metal #10 Benefit Fund believes its plan of benefits is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that the Sheet Metal #10 Benefit Fund may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventative health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the Plan Administrator at Sheet Metal #10 Benefit Fund, Attn: Plan Administrator, 1681 East Cope Avenue, Suite B, Maplewood, MN 55109; (651) 770-0991. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.

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May 2023

IMPORTANT ANNOUNCEMENT FOR PLAN PARTICIPANTS

The declared National Emergency related to Covid-19 ends on Thursday May 11, 2023. The National Emergency had compelled the Plan to provide 100% coverage for certain Covid-19 services related to diagnostic testing, anti-virals, vaccines and over-the-counter test kits.

The end of the National Emergency will impact the coverage of those Covid-19 related medical benefits under the Plan. While coverage for most benefits continues, how the Plan will pay for those benefits is reflected in the table below:

Covid-19 Benefit	Current Plan Coverage	Plan Coverage as of May 12, 2023
Covid-19 Diagnostic Testing	100% coverage	Coverage continues subject to member cost-share (deductible/coinsurance)
Covid-19 Anti-Virals	100% coverage of dispensing fee.	Dispensing fee is subject to member cost-share
Covid-19 Vaccines	100% coverage	100% coverage as a routine immunization/vaccine
Covid-19 At-Home Test Kits	100% coverage of up to 8 OTC test kits per eligible person per month	No longer covered by the Plan. Member pays 100% of the cost

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December 2022

IMPORTANT ANNOUNCEMENT FOR RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund have amended the Plan to remove the temporary label from coverage for In-Network Telehealth visits.

1. Effective January 1, 2023, Coverage for In-Network Telehealth Services is made a regular Plan benefit:

Effective January 1, 2023, the Trustees are removing the temporary coverage label for In-Network Telehealth visits and making such In-Network visits a regular benefit under the Plan. Telehealth visits under this provision will be covered as an in-office visit under the Plan's terms and subject to the annual deductible and out-of-pocket maximum.

Out-of-Network telehealth visits, other than for COVID-19 related visits, are not covered by the Plan.

Important Note – Doctor on Demand:

The Plan's Doctor on Demand benefit remains the same. Specifically, any Telehealth visits via Doctor on Demand for any reason are covered at 100% and are not subject to the annual deductible or out-of-pocket maximum benefit.

Notice Regarding "Grandfathered" Status

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August 2022

IMPORTANT ANNOUNCEMENT FOR RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plan for Retired Participants on the effective dates listed below.

1. Effective July 1, 2022, the Plan's definition of Physician is amended to provide as follows:

Physician: A person who is duly licensed to practice medicine and to prescribe and administer all drugs not including narcotic drugs. The term Physician will also include, except where specifically stated otherwise, licensed chiropractors, dentists, podiatrists, chiropodists, osteopaths, psychiatrists, certified nurse midwives, licensed psychologists, licensed social workers (LCSW), nurse practitioners, physician's assistants, and clinics licensed by appropriate state agencies, operating within the scope of their licenses.

2. Effective January 1, 2022, Coverage for Non-COVID-19 In-Network Telehealth Visits is extended through December 31, 2022:

Effective January 1, 2022, the Trustees are extending their temporary coverage of In-network Telehealth visits for Non-COVID-19 treatment through December 31, 2022. Telehealth visits under this temporary extension will be covered as an in-office visit under the Plan's terms and subject to the annual deductible.

Out-of-network telehealth visits, other than for COVID-19 related visits, are not covered by the Plan.

This is another temporary extension of the coverage for in-network telehealth services that the Plan has previously adopted to assist all during the pandemic.

Important Note – Doctor on Demand:

The Plan's Doctor on Demand benefit remains the same. Specifically, any Telehealth visits via Doctor on Demand for any reason are covered at 100% and are not subject to the annual deductible or out-of-pocket maximum benefit.

3. Effective August 1, 2022, the Plan has increased the Bariatric Surgery lifetime maximum benefit from \$20,000 to \$25,000 as provided below:

Eligible Employees and Dependents Major Medical Expense Benefit	Coverage
Bariatric Surgery Must be performed at a Blue Center of Distinction. (see page 35 for details and page 47 for an exclusion from coverage if requirements are not met)	\$25,000 lifetime maximum

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Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the Plan Administrator at Sheet Metal #10 Benefit Fund, Attn: Plan Administrator, 1681 East Cope Avenue, Suite B, Maplewood, MN 55109; (651) 770-0991. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.

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January 2022

IMPORTANT ANNOUNCEMENT FOR ACTIVE AND PRE-MEDICARE RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund have adopted the following amendments to both the Active and Pre-Medicare Retiree Plans. The amendments serve to provide you notice on coverage of 1) At-Home Covid-19 Test Kits, 2) revise the Plan's definition of Medically Necessary or Medical Necessity, 3) adopt a policy of the Plan's Third-Party Administrator Wilson-McShane Corporation, regarding the Identification, Documentation, and Routing of Outpatient Drug Testing Claims Related to a Diagnosis of Substance Use Disorder for Medical Necessity Review, and 4) incorporate provisions to comply with the No Surprises Act

Each of the changes and their respective effective dates are detailed below.

1. Plan Coverage of At-Home Covid-19 Test Kits

Pursuant to recent U.S. Department of Labor guidance, the Plan will provide coverage for at-home Covid-19 tests subject to the following provisions.

- **When was coverage of at-home Covid-19 tests effective?** Covid-19 tests are covered if purchased on and after January 15, 2022, and through the end of the declared public health emergency related to Covid-19.
- **What is the best way to purchase the tests?** The best way for you to purchase a test is at your regular in-network Prime Therapeutics pharmacy. Be sure to purchase the tests at the pharmacy counter (rather than the main checkout) so that the claims can be properly processed by Prime Therapeutics.
 - **Please note that there are free at-home Covid-19 Tests available from the federal government:** Every home in the U.S. is eligible to order 4 free at-home Covid-19 tests. Go to www.COVIDtests.gov to order your free at-home Covid-19 tests.
- **How many tests are covered?** Coverage is provided for up to eight (8) tests per covered individual in a 30-day period. Coverage is provided through the Plan's prescription drug benefit program administered by Prime Therapeutics.
 - For example, a family of four covered under the Plan, may receive at no cost up to 32 tests (8 per covered person) in a 30-day period if purchased at an in-network provider.
- **What kind of tests are covered?** Only FDA-approved tests will be covered under this program. Be sure to check the packaging on the test to see that it is an FDA-approved test before purchasing.

- **Do I have to pay anything for the tests if I buy them in-network?** No. The Plan will cover the cost of at-home Covid-19 tests without cost-sharing (no deductible or coinsurance) for tests purchased directly or online at a Prime Therapeutics in-network pharmacy.
 - **Important note:** *For At-Home Covid-19 test purchases only*, CVS will be considered in-network. For all other pharmacy benefits, CVS will remain out-of-network with no coverage or reimbursement.
- **What if I purchased the tests out-of-network?** If you purchase tests from an out-of-network pharmacy, a non-pharmacy retailer, or the front counter of a participating pharmacy, your reimbursement will be the actual amount you paid per test or \$12 per test, *whichever is less*. You must then submit for reimbursement of your expenses through Prime Therapeutics in the method listed below under “*What if I already bought and paid for tests on or after January 15, 2022, but before receiving this notice or if I purchased tests from a non-network provider or a non-pharmacy retailer?*”
- **What if I already bought and paid for tests on or after January 15, 2022, but before receiving this notice or if I purchased tests from a non-network provider or a non-pharmacy retailer?** If you purchased tests previously or purchased them from a non-network provider, a non-pharmacy retailer, or at the front counter of a participating pharmacy and have your receipts for the purchase, you can submit for reimbursement through the Plan’s Administrator, Wilson-McShane Corporation. Attached is a claim form. Once completed, you can file it by mailing it to:

Wilson-McShane Corporation
 3001 Metro Drive, Suite 500
 Bloomington, MN 55425
 Or by Fax: 952-851-3521

Submitted forms must be completed in its entirety and will be processed for reimbursement in approximately 45 days.

- **Important note:** Covered at-home Covid-19 tests include only those for at-home medical use by you or your covered household family members. Tests for employment purposes, resale, or travel requirements will not be covered or reimbursed under this program.

2. Effective January 1, 2022, the Plans have revised their definition of Medical Necessity to provide as follows:

Medically Necessary or Medical Necessity: A service or supply that is required to treat a medical condition or symptom(s). In the case of inpatient admissions, the medical condition or symptoms must require inpatient treatment for these admissions to be considered Medically Necessary. The Board of Trustees has the sole discretion of determining whether a service or supply is Medically Necessary, regardless of whether it is ordered by a Physician.

The Plan has retained Blue Cross Blue Shield of Minnesota as the medical network provider for the Plan’s Major Medical Expense Benefits. Unless otherwise stated in the Plan, in determining whether a treatment or service is Medically Necessary, the Board of Trustees will rely upon Blue Cross Blue Shield to make such determinations consistent with Blue Cross’s medical policies and such medical policies are incorporated into the Plan by reference.

3. Effective January 1, 2022, the Plan adopts Wilson-McShane Corporation's Policy for Medical Necessity Review of Outpatient Drug Testing Claims.

Effective January 1, 2022, the Plan has adopted and incorporated by reference into the Plan the policy of Wilson-McShane Corporation regarding the Identification, Documentation, and Routing of Outpatient Drug Testing Claims Related to a Diagnosis of Substance Use Disorder for Medical Necessity Review which is consistent with the medical networks' policy. The policy is adopted to ensure parity of benefits being applied to mental health and substance use claims.

4. Effective January 1, 2022, the following provisions regarding the No Surprises Act are added to the end of the Major Medical Expense Benefit Section of each Plan:

No Surprises Act

Under the No Surprises Act, you will not be subject to surprise or balance billing when you receive the following types of care:

- Emergency care; or
- Treatment by an out-of-network provider at an in-network hospital or ambulatory surgical center.

Balance Billing (sometimes called "surprise billing")

When you see a doctor or other health care provider, you may owe certain out-of-pocket costs, such as a copayment, coinsurance, and/or a deductible. You may have other costs or have to pay the entire bill if you see a provider or visit a health care facility that isn't in the Plan's Blue Cross Blue Shield network.

"Out-of-network" describes providers and facilities that haven't signed a provider agreement with Blue Cross Blue Shield. Out-of-network providers may be permitted to bill you for the difference between what the Plan agreed to pay, and the full amount charged for a service. This is called "balance billing." This amount is likely more than in-network costs for the same service.

"Surprise billing" is an unexpected balance bill. This can happen when you can't control who is involved in your care—like when you have an emergency or when you schedule a visit at an in-network facility but are unexpectedly treated by an out-of-network provider.

You are protected from balance billing for:

Emergency services

If you have an emergency medical condition and get emergency services from an out-of-network provider or facility, the most the provider or facility may bill you is the Plan's in-network cost-sharing amount (such as copayments and coinsurance). You **can't** be balance billed for these emergency services. This includes services you may get after you're in stable condition, unless you give written consent and give up your protections not to be balance billed for these post-stabilization services.

Certain services at an in-network hospital or ambulatory surgical center

When you get services from an in-network hospital or ambulatory surgical center, certain providers there may be out-of-network. In these cases, the most those providers may bill you is the Plan's in-network cost-sharing amount. This applies to emergency medicine, anesthesia, pathology, radiology, laboratory, neonatology, assistant surgeon, hospitalist, or intensivist services. These providers **can't** balance bill you and may **not** ask you to give up your protections not to be balance billed.

If you get other services at these in-network facilities, out-of-network providers **can't** balance bill you, unless you give written consent and give up your protections.

You're never required to give up your protections from balance billing. You also aren't required to get care out-of-network and the Plan would strongly encourage you to seek care from providers in the Blue Cross Blue Shield Network.

When balance billing isn't allowed, you also have the following protections:

- You are only responsible for paying your share of the cost (like the copayments, coinsurance, and deductibles that you would pay if the provider or facility was in-network). The Plan will pay out-of-network providers and facilities directly.
- The Plan will:
 - Cover emergency services without requiring you to get approval for services in advance (prior authorization).
 - Cover emergency services by out-of-network providers.
 - Base what you owe the provider or facility (cost-sharing) on what the Plan would pay an in-network provider or facility and show that amount in your explanation of benefits.
 - Count any amount you pay for emergency services or out-of-network services toward your deductible and out-of-pocket limit under the Plan.

No Surprises Act Claims – Appeal Rights: Should you have a claim be denied for coverage or payment in the manner described above for emergency services or non-emergency services performed at an in-network facility by an out-of-network provider, you may appeal the matter to the Board of Trustees. Further, should the Board of Trustees deny the appeal, the above noted claims are subject to an External Third-Party Review as further provided below.

External Claim Appeals for No Surprises Act Claims Only

If the Board of Trustees denies your claim appeal involving a claim covered by the No Surprises Act, you may elect to have that adverse appeal determination reviewed by an External Third-Party Review.

Standard External Review for Non-Urgent Claim

You may file a request for an external review within four (4) months after the date of receipt of a notice of an adverse benefit determination or final internal adverse benefit determination.

1. Within five (5) business days following the date of receipt of the external review request, the Plan Administrator will complete a preliminary review of the request to determine whether:
 - a. You are or were covered under the Plan at the time the health care item or service was requested or, in the case of a retrospective review, were covered under the Plan at the time the health care item or service was provided;
 - b. The adverse benefit determination or the final adverse benefit determination is not based on the fact that you were not eligible under the Plan;
 - c. You have exhausted the Plan's internal appeal process (unless exhaustion is not required); and
 - d. You have provided all the information and forms required to process an external review.

2. Within 1 business day after completion of the preliminary review, the Plan Administrator will notify you in writing regarding whether your claim is eligible for external review. To be eligible for external review, the adverse appeal decision must be based upon a medical judgment, or it must involve a rescission of coverage. If your request was not complete, the notice will describe information or materials needed to complete request. You will have until the end of the 4-month period you had to file a request for an external review or 48 hours (whichever is later) to complete your request. If your request is complete but not eligible for external review, the notice will include the reasons your request was ineligible and contact information for the Employee Benefits Security Administration.
3. If the request is complete and eligible for external review, the Plan Administrator will assign an accredited independent review organization (IRO) to conduct the external review.
 - a. The IRO will utilize legal experts where appropriate to make coverage determinations under the Plan and will notify you in writing of the request's eligibility and acceptance for external review. You may submit additional information in writing to the IRO within 10 business days that the IRO must consider when conducting the external review.
 - b. The Plan Administrator will provide documents and any information considered in making the adverse benefit determination or final internal adverse benefit determination to the IRO.
 - c. The IRO will review all the information and documents timely received and is not bound by the Plan Administrator's prior determination. The IRO may consider the following in reaching a decision:
 - 1) Your medical records;
 - 2) The attending health care professional's recommendation;
 - 3) Reports from appropriate health care professionals and other documents submitted by the Plan Administrator, you, or your treating provider;
 - 4) The terms of the Plan;
 - 5) Evidence-based practice guidelines;
 - 6) Any applicable clinical review criteria developed and used by the Plan Administrator; and
 - 7) The opinion of the IRO's clinical reviewer or reviewers after considering information noted above as appropriate.
 - d. The IRO will provide written notice of the final external review decision within 45 days after the IRO receives the request for external review. The notice will contain a general description of the reason for the request for external review and a discussion of the principal reason or reasons for its decision, including the rationale for its decision and any evidence-based standards that were relied on in making its decision.

Expedited External Review

1. You may request an expedited external review when you receive:
 - a. An adverse benefit determination that involves a medical condition for which the timeframe for completion of an expedited internal appeal under the interim final regulations would seriously jeopardize your life or health or would jeopardize your ability to regain maximum function and you have filed a request for an expedited internal appeal; or
 - b. A final internal adverse benefit determination, if you have a medical condition where the timeframe for completion of a standard external review would seriously jeopardize your life or

health or would jeopardize your ability to regain maximum function, or if the final internal adverse benefit determination concerns an admission, availability of care, continued stay, or health care item or service for which you received emergency services, but have not been discharged from a facility.

2. Immediately upon receipt of the request for expedited external review, the Plan Administrator will determine whether the request meets the reviewability requirements noted above for standard external review and will notify you of its eligibility determination.
3. When the Plan Administrator determines that your request is eligible for external review an IRO will be assigned. The Plan Administrator will provide all necessary documents and information considered in making the adverse benefit determination or final internal adverse benefit determination to the IRO by any available expeditious method.
4. The IRO must consider the information or documents provided and is not bound by the Plan Administrator's prior determination. The IRO will provide notice of the final external review decision as expeditiously as your medical condition or circumstances require, but in no event more than 72 hours after the IRO receives the request for an expedited external review. If the IRO's notice is not in writing, the IRO must provide written confirmation of the decision within 48 hours to the claimant and the Plan.

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December 2020

IMPORTANT ANNOUNCEMENT FOR ACTIVE AND PRE-MEDICARE RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plans for both Active and Pre-Medicare Retired Participants.

The changes relate to coverage of Covid-19 vaccines and testing. These changes are effective immediately.

- **COVID-19 Vaccine Coverage:** The Plan will provide coverage at 100% with no cost-sharing for administration of a COVID-19 Vaccine at any location in which you can obtain the vaccine (doctor's office, retail clinic or pharmacy).

This change applies only to coverage of the COVID-19 Vaccine. The Plan's coverage provisions related to other immunizations and how they are covered as described in the Plan's Schedule of Benefits remain unchanged.

- **COVID-19 Testing Coverage:** COVID-19 testing continues to be covered at 100% by the Plan and will remain covered for the duration of the nationally declared Public Health Emergency (PHE). The PHE currently runs through January 22, 2021 but it is expected that it may be extended further by the federal Department of Health and Human Services.

Please contact Wilson McShane at 952-854-0795 with any questions regarding these changes.

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Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plans for both Active and Pre-Medicare Retired Participants. The changes are effective January 1, 2021.

The Plan changes relate to coverage of Telehealth Services provided by in-network providers.

Telehealth Services

Effective January 1, 2021 through December 31, 2021, In-Network Telehealth visits will continue to be covered the same as an in-office doctor's visit subject to the annual deductible and out-of-pocket maximums as detailed in the Schedule of Benefits.

Out-of-network Telehealth visits are not covered by the Plan.

This is another temporary extension of the coverage for in-network telehealth services that the Plan has previously adopted in an effort to assist all during the pandemic.

Important Note – Doctor on Demand:

The Plan's Doctor on Demand benefit remains the same. Specifically, any Telehealth visits via Doctor on Demand for any reason are covered at 100% and are not subject to the annual deductible or out-of-pocket maximum benefit.

Notice Regarding "Grandfathered" Status

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The Sheet Metal #10 Benefit Fund believes its plan of benefits is a "grandfathered health plan" under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that the Sheet Metal #10 Benefit Fund may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventative health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the Plan Administrator at Sheet Metal #10 Benefit Fund, Attn: Plan Administrator, 1681 East Cope Avenue, Suite B, Maplewood, MN 55109; (651) 770-0991. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.

Sheet Metal #10 Benefit Fund

OFFICE OF THE ADMINISTRATOR
1681 East Cope Ave, Suite B, Maplewood, MN 55109
651-770-0991 Fax 651-770-1351 1-800-396-2903

May 2020

IMPORTANT ANNOUNCEMENT FOR ACTIVE AND PRE-MEDICARE RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plans for both Active and Pre-Medicare Retired Participants. The changes relate to coverage of Telehealth Services for Non-COVID-19 Related visits.

Please be reminded that the Plan was recently amended effective March 18, 2020 regarding Telehealth visits. The amendment provided 100% coverage for COVID-19 related Telehealth visits through December 31, 2020 and for Non-COVID-19 the Plan was amended to provide 100% coverage through June 30, 2020.

Telehealth-Non-COVID-19

The Plan is now being amended regarding Telehealth for Non-COVID-19 visits effective July 1, 2020.

Effective July 1, 2020 through December 31, 2020, In-Network Telehealth visits for Non-COVID-19 related reasons are covered the same as an in-office doctor's visit subject to the annual deductible and out-of-pocket maximums as detailed in the Schedule of Benefits.

Out-of-network Telehealth visits, other than for COVID-19 related visits, are not covered by the Plan.

Important Note:

The Plan's Doctor on Demand benefit remains the same. Specifically, any Telehealth visits via Doctor on Demand for any reason are covered at 100% and are not subject to the annual deductible or out-of-pocket maximum benefit.

Sheet Metal #10 Benefit Fund

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April 2020

IMPORTANT ANNOUNCEMENT FOR PRE- MEDICARE RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plan for Pre-Medicare Retired Participants. These changes are not applicable to an individual on Medicare with coverage through UnitedHealthcare.

1. Annual Deductible – Page 3

Effective July 1, 2020 the Plan is amended to increase the annual deductible from \$135 to \$145 per individual and from \$405 to \$435 per family.

Eligible Pre-Medicare Retirees And Dependents	
Major Medical Expense Benefit	Coverage
<i>Annual Deductible:</i> Before the Plan pays for most covered expenses, you pay	\$145 per person \$435 family maximum

2. Annual Out-of-Pocket Maximum

Effective July 1, 2020 the Plan is amended to increase the annual out-of-pocket maximum from \$1,080 to \$1,160 per person and from \$3,240 to \$3,480 per family.

Eligible Pre-Medicare Retirees And Dependents	
Major Medical Expense Benefit	Coverage
<i>Annual Out-Of-Pocket Maximum:</i> Plan Pays 100% Of Covered Charges for The Remainder Of The Year, Once You reach Your Out-Of-Pocket Maximum:	
Individual Out-Of-Pocket Maximum	\$1,160 per person
Family Out-Of-Pocket Maximum	\$3,480 per family
Annual Out-Of-Pocket Maximum Does Not Include Your Deductible	

STATEMENT OF NONDISCRIMINATION

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The Fund provides free aids and services to people with disabilities to effectively communicate with us, such as:

- Qualified sign interpreters
- Written information in other formats (large print, audio, and accessible electronic formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need any of the above noted services, contact the Plan Administrator at 952-854-0795.

If you believe that the Fund has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can contact the Plan Administrator at 952-854-0795 or you may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

Minnesota/North Dakota/South Dakota Languages

Language

Translation

English	Attention: If you speak (insert language), language assistance services, free of charge, are available to you. Call 1-952-854-0795.
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Vietnamese	Nếu quý vị nói (tiếng Việt), chúng tôi có dịch vụ hỗ trợ ngôn ngữ sẵn sàng phục vụ quý vị miễn phí. Vui lòng gọi: 1-952-854-0795

Chinese

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Sheet Metal #10 Benefit Fund

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651-770-0991 Fax 651-770-1351 1-800-396-2903

March 2020

IMPORTANT ANNOUNCEMENT FOR ACTIVE AND PRE-MEDICARE RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plans for both Active and Pre-Medicare Retired Participants. The changes relate to coverage of certain services related to COVID-19. These changes are effective March 18, 2020.

Specifically, the Plans have extended coverage at 100% with no cost-sharing as follows:

COVID-19 Testing

- The Plan will cover 100% of the cost:
 - For in vitro diagnostic testing for the COVID-19 virus that is either:
 - authorized by the FDA, or
 - otherwise specifically authorized by federal law or regulation.A covered test is referred to herein as a “COVID-19 Test”;
 - For evaluation by a healthcare provider to determine whether you need a COVID-19 Test; and,
 - For services to administer a COVID-19 Test.
- Coverage for this amendment applies without regard to whether the COVID-19 Test is provided in-network or out-of-network. For out-of-network charges, the Plan will cover the full billed amount regardless of whether the amount exceeds the reasonable and customary amount. No prior authorization or medical management requirements apply to in vitro diagnostic testing for the COVID-19 virus. Coverage under this amendment applies without regard to the site of care (e.g., office, urgent care, emergency room, e-visits). The coverage under this amendment does not apply to any items and services you receive during a visit to a healthcare provider other than those expressly described above.
- Participants are strongly encouraged to contact their doctor for guidance before seeking COVID-19 testing.
- Coverage for this amendment applies through December 31, 2020.

Telehealth Services Related to COVID-19

The Plan currently covers telehealth medical visits through Doctor on Demand at 100%.

Telehealth – COVID-19 Related Visits: Effective March 18, 2020, the Trustees are temporarily expanding the Plan’s telehealth visit benefit for COVID-19 related visits. Specifically, the Plan will cover telehealth medical visits related to COVID-19 at 100% regardless of whether the provider is in or out-of-network. This temporary expansion of coverage for COVID-19 telehealth visits will last through December 31, 2020.

Telehealth – Non-COVID-19 Visits: Effective March 18, 2020, the Trustees are temporarily expanding the Plan’s telehealth benefit to provide 100% coverage with no cost-sharing for all in-network medical and behavioral health visits not associated with the diagnosis of COVID-19. Out-of-network telehealth visits, other than for COVID-19 related visits, are not covered by the Plan. This temporary expansion of the telehealth benefit will remain in effect through June 30, 2020.

Participants are strongly encouraged to contact their doctor for guidance before seeking COVID-19 testing.

COVID-19 Information

The available information about how the virus that causes COVID-19 spread is largely based on what is known about similar coronaviruses. However, COVID-19 is a new disease and there is more to learn about its transmission, the severity of illness it causes, and to what extent it may spread in the United States. According to the CDC, a person may develop symptoms of the COVID-19 virus within 14 days of exposure. Symptoms include feeling sick with an acute respiratory illness, such as a fever, cough, or difficulty breathing. As there is no present vaccine to prevent COVID-19, the CDC recommends the following to prevent the spread of the virus:

1. Wash hands often with soap and water for at least 20 seconds, and if soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol;
2. Avoid touching eyes, nose, and mouth with unwashed hands;
3. Avoid close contact with people who are sick;
4. Stay home when sick;
5. Cover coughs or sneezes with tissues or cough into the elbow area, then discard the tissue in the trash and follow up with handwashing; and
6. Clean and disinfect frequently touched objects and surfaces regularly

More information about COVID-19 may be found at the following links:

- Centers for Disease Control and Prevention: www.cdc.gov
- Minnesota Department of Health: <https://www.health.state.mn.us/>
- MN Building Trades: <https://mntrades.org/covid-19-resources/>
- World Health Organization: <https://www.who.int>
- Doctor on Demand (self-assessment tool):
<https://www.doctorondemand.com/coronavirus>

Members are encouraged to visit the Plan’s website at <http://smw10.org/Benefits> for further updates.

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Russian	Внимание: Если Вы говорите на (Русском), услуги лингвистической поддержки доступны Вам бесплатно. Звоните 1-952-854-0795.
Laotian	ໝາຍເຫດ: ຖ້າທ່ານເວົ້າພາສາລາວ, ມີການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາໂດຍບໍ່ເສຍຄ່າໃຫ້ແກ່ທ່ານ. ໂທຫາ 1-952-854-0795.
Amharic	ጥላላሰቢያ: የሚናገሩት (አማርኛ) ቋንቋ ከሆነ ከክፍያ ገዳ የሆነ የቋንቋ አገዛ አገልግሎት ማግኘት ይቻላል። በስልክ ቁጥር 1-952-854-0795 ይደውሉ።
Karen	w>k;oh.ng=erh>uwdR (unDusdm)< usdmw>rRpXRw>zH;w>rRwz.< vXwvXmbl;vJ< td.vXe*D>M.vDRI ud;vD wJpdql 1-952-854-0795 wuh>I
German	Hinweis: Wenn Sie (Deutsche) sprechen, stehen Ihnen kostenlose Sprachhilfsdienste zur Verfügung. Rufen Sie unter 1-952-854-0795 an.
Cambodian	ចំណាំ: ប្រសិនបើអ្នកនិយាយ (ភាសាខ្មែរ) សេវាកម្មជំនួយខាងភាសាដោយឥតគិតថ្លៃនឹងមានសម្រាប់អ្នក។ សូម ទូរស័ព្ទទៅកាន់ 1-952-854-0795 ។
Arabic	ملاحظة: إذا كنت تتحدث (العربية)، فيرجى العلم بأنه يمكنك الاستفادة من خدمات المساعدة اللغوية مجانًا. اتصل بالرقم: 1-952-854-0795.
French	Attention : Si vous parlez (Français), des services langagiers vous sont offerts gratuitement. Veuillez composer le 1-952-854-0795.
Korean	참고: 한국어 지원 서비스를 무료로 제공합니다. 문의전화 1-952-854-0795
Tagalog	Attention: Kung nagsasalita ka ng (Tagalog), may magagamit kang mga libreng serbisyo sa wika. Tumawag sa 1-952-854-0795.

Notice Regarding “Grandfathered” Status

This notice must accompany any Plan materials that are sent to participants.

The Sheet Metal #10 Benefit Fund believes its plan of benefits is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that the Sheet Metal #10 Benefit Fund may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventative health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the Plan Administrator at Sheet Metal #10 Benefit Fund, Attn: Plan Administrator, 1681 East Cope Avenue, Suite B, Maplewood, MN 55109; (651) 770-0991. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.

Sheet Metal #10 Benefit Fund

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1681 East Cope Ave, Suite B, Maplewood, MN 55109
651-770-0991 Fax 651-770-1351 1-800-396-2903

October 2019

IMPORTANT ANNOUNCEMENT FOR RETIRED PARTICIPANTS

Summary of Material Modifications

The Board of Trustees for the Sheet Metal #10 Benefit Fund announce the following changes to the Plan for Retired Participants (Retiree Plan). The changes are effective January 1, 2020.

1. Appendix B - Medicare Advantage Plan

The Retiree Plan has been amended to add Appendix B – Medicare Advantage Plan. Specifically, the Retiree Plan has changed its Medicare coverage insurance provider to UnitedHealthcare and specifically to the UnitedHealthcare Group Medicare Advantage (PPO) Plan.

This change is effective January 1, 2020. Appendix B will provide as follows:

APPENDIX B - MEDICARE ADVANTAGE PLAN

Effective January 1, 2020, when you become eligible for Medicare due to age or disability, your Major Medical and Prescription Drug Coverage Benefits under this Retiree Plan end, and you will receive coverage via Medicare and through UnitedHealthcare and the UnitedHealthcare Group Medicare Advantage (PPO) Plan.

The UnitedHealthcare Group Medicare Advantage (PPO) Plan is a custom group Medicare Advantage plan that is an insured medical and prescription coverage plan provided through UnitedHealthcare.

You will pay a monthly self-contribution to the Fund Office for the UnitedHealthcare Group Medicare Advantage (PPO) Plan. The schedule of benefits for coverage will be determined by UnitedHealthcare.

Eligibility

You are eligible to enroll in coverage under the UnitedHealthcare Group Medicare Advantage (PPO) Plan when you first become entitled to Medicare Part A and are enrolled in Medicare Part B. Your non-Medicare eligible dependents' (spouse and/or children) will remain covered under the Retiree Plan so long as they remain otherwise eligible for Retiree Plan coverage.

Enrollment

You must enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan when you are first eligible for Medicare coverage. If you fail to enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan when you are first eligible, you will not be allowed to enroll in that plan later.

Your eligibility for Major Medical Expense Benefit and Prescription Drug coverage under this Retiree Plan will end upon the date of your Medicare eligibility, regardless of whether you enroll in Medicare or the UnitedHealthcare Group Medicare Advantage (PPO) Plan through UnitedHealthcare.

Retirees who Opted-Out of Retiree Plan Coverage

If you have previously opted-out of the Retiree Plan (see page 21 “Retiree Opt-Out of Benefits”), you are eligible to come back into the Plan and enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan if you experience any of the permitted re-enrollment events outlined on page 21 of this Retiree Plan.

Retiree Plan Coverage – Loss of Major Medical Expense and Prescription Drug Coverage

When you become eligible for Medicare due to age or disability you are no longer covered for Major Medical Expense Benefits (pages 30-37) or Prescription Drug Benefits (pages 38-40) under this Retiree Plan. Your medical and prescription drug coverage will be provided by the combination of Medicare and the UnitedHealthcare Group Medicare Advantage (PPO) Plan.

Should you have a claim for medical or prescription drug benefits denied by either Medicare or the UnitedHealthcare Group Medicare Advantage (PPO) Plan, you can only appeal that claim denial to those respective plans. You cannot appeal a denial of medical or prescription drug claims by either Medicare or the UnitedHealthcare Group Medicare Advantage (PPO) Plan to this Retiree Plan.

You remain eligible to purchase group dental coverage from Delta Dental and access Employee Assistance Program services through TEAM, Inc. via this Retiree Plan.

UnitedHealthcare Group Medicare Advantage (PPO) Plan – Paying for Coverage

When you enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan, you will make a self-contribution payment to the Plan. In paying the self-contribution you will remain able to seek reimbursement for the self-contribution from your Retiree HRA Account (see Appendix A) should you have a remaining Retiree HRA Account balance.

2. Termination of Eligibility – Pages 20-22

The Plan’s provisions for Termination of Eligibility on page 20-22 are amended through the elimination of the section entitled “Supplemental Medicare Wraparound Plus Plan (SMW+) and the addition of the following provision regarding Medicare Eligibility to replace it.

Medicare Eligibility - UnitedHealthcare Group Medicare Advantage (PPO) Plan

When you reach eligibility for Medicare due to age or disability, your coverage for Major Medical Expense and Prescription Drug Coverage under this Retiree Plan terminates. At the time of your Medicare eligibility, your medical and prescription drug coverage will be provided by Medicare and the UnitedHealthcare Group Medicare Advantage (PPO) Plan as further detailed in Appendix B to the Retiree Plan.

To be eligible for the UnitedHealthcare Group Medicare Advantage (PPO) Plan, you must enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan when it is first available to you based upon your eligibility for Medicare coverage due to age or disability. If you do not enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan when you are first eligible, you will not be able to later enroll in that Plan.

See Appendix B of the Retiree Plan entitled “Medicare Advantage Plan” for further details.

3. Life Events – Medicare Eligibility Pages 29-30

The Plan’s section on “Life Events” on Pages 29-30 is amended through the edition of the following Medicare Eligibility provision.

Medicare Eligibility

When you become eligible for Medicare due to age or disability, you will no longer receive Major Medical Expense and Prescription Drug Coverage under this Retiree Plan. Your medical and prescription drug coverage will have to be provided by Medicare and the UnitedHealthcare Group Medicare Advantage (PPO) Plan (see Appendix B – Medicare Advantage Plan). You are required to enroll in both Medicare and the UnitedHealthcare Group Medicare Advantage (PPO) Plan to receive the coverage from each of those entities.

Your non-Medicare eligible Dependents’ (spouse or Dependent children who meet the definition of a “Dependent” page 10 of the Plan) remain eligible for coverage under the Retiree Plan until they themselves become Medicare eligible.

4. Coordination with Medicare – Pages 61-62

The Plan’s section entitled “Coordination with Medicare” is amended to provide as follows:

COORDINATION WITH MEDICARE

For eligible Retirees age 65 and older, Medicare (Title XVIII of the Social Security Act, as amended) and the UnitedHealthcare Group Medicare Advantage (PPO) Plan will provide your medical and prescription drug coverage and this Plan will no longer provide you with those specific benefits. Consequently, when you become Medicare eligible it is important that you enroll in Medicare Parts A and B, as well as the UnitedHealthcare Group Medicare Advantage (PPO) Plan. See Appendix B - Medicare Advantage Plan for further details.

For a Participant with End-Stage Renal Disease: This Plan has secondary responsibility for the claims of an eligible person who is eligible for primary Medicare benefits because of end-stage renal disease.

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Russian	Внимание: Если Вы говорите на (Русском), услуги лингвистической поддержки доступны Вам бесплатно. Звоните 1-952-854-0795.
Laotian	ໝາຍເຫດ: ຖ້າທ່ານເວົ້າພາສາລາວ, ມີການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາໂດຍບໍ່ເສຍຄ່າໃຫ້ແກ່ທ່ານ. ໂທຫາ 1-952-854-0795.
Amharic	ማሳሰቢያ: የሚናገሩት (አማርኛ) ቋንቋ ከሆነ ከክፍያ ነጻ የሆነ የቋንቋ እገዛ አገልግሎት ማግኘት ይችላሉ። በስልክ ቁጥር 1-952-854-0795 ይደውሉ።
Karen	w>'k;oh.ng=erh>uwdR (unDusdm)< usdmw>rRpXRw>zH;w>rRwz.< vXwvXmbl;vJ< td.vXe*D>M.vDRI ud;vD wJpdql 1-952-854-0795 wuh>I
German	Hinweis: Wenn Sie (Deutsche) sprechen, stehen Ihnen kostenlose Sprachhilfsdienste zur Verfügung. Rufen Sie unter 1-952-854-0795 an.
Cambodian	ចំណាំ: ប្រសិនបើអ្នកនិយាយ (ភាសាខ្មែរ) សេវាកម្មជំនួយខាងភាសាដោយឥតគិតថ្លៃនឹងមានសម្រាប់អ្នក។ សូម ទូរស័ព្ទទៅកាន់ 1-952-854-0795 ។
Arabic	ملاحظة: إذا كنت تتحدث (العربية)، فيرجى العلم بأنه يمكنك الاستفادة من خدمات المساعدة اللغوية مجاناً. اتصل بالرقم: 1-952-854-0795.
French	Attention : Si vous parlez (Français), des services langagiers vous sont offerts gratuitement. Veuillez composer le 1-952-854-0795.
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Notice Regarding “Grandfathered” Status

This notice must accompany any Plan materials that are sent to participants.

The Sheet Metal #10 Benefit Fund believes its plan of benefits is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that the Sheet Metal #10 Benefit Fund may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventative health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the Plan Administrator at Sheet Metal #10 Benefit Fund, Attn: Plan Administrator, 1681 East Cope Avenue, Suite B, Maplewood, MN 55109; (651) 770-0991. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.

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Sheet Metal #10 Benefit Fund

OFFICE OF THE ADMINISTRATOR
1681 East Cope Ave, Suite B, Maplewood, MN 55109
651-770-0991 Fax 651-770-1351 1-800-396-2903

January 2019

IMPORTANT ANNOUNCEMENT FOR RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plan for Retired Participants. The changes are effective March 1, 2019.

1. Prescription Drug Benefit – Pages 38-40

The following provisions regarding the Prime Therapeutics Classic Network, prior authorization, and quantity level limits, are added to the end of the provisions for Prescription Drug Benefits on Page 40.

Prime Therapeutics Classic Network

The Plan has adopted the Prime Therapeutics Classic Network of approved pharmacies which takes advantage of Prime Therapeutics strategic alliance with Walgreens. Therefore, to fill your prescription, you must go to a pharmacy in Prime's Classic Network.

The Classic Network includes all Walgreens pharmacies, many chain pharmacies as well as independent pharmacies. The Prime Classic Network excludes certain other independent pharmacies and certain other national pharmacy chains such as CVS. This means if you currently have prescriptions filled at CVS (or other non-network pharmacy) you will have to make a change. You can determine if your pharmacy is in the Classic Network by visiting www.MyPrime.com.

Prior Authorization

The Plan has implemented a prior authorization program applicable to a certain subset of prescription drugs. Prior authorization is required on these medications before your prescription will be covered by the Plan.

If your prescription drug requires prior authorization, your physician must submit a prior authorization request form to Prime Therapeutics for approval.

- If authorization is granted, your prescription will be filled.
- If authorization is not granted, you have two choices:

- You may still have the prescription filled by paying the entire retail cost of the prescription drug yourself; or
- You may ask your doctor to prescribe an alternate drug covered by the Plan, if available.

To see a listing of drugs in the prior authorization program, log onto the website listed on the back of your Sheet Metal #10 Benefit Fund ID card.

Quantity Level Limit Program

The Plan has implemented a quantity limit program for certain drugs based upon dosing limits established by the FDA. Quantity limits are applied to the number of units dispensed for each prescription. If there is a quantity limit for a specific drug you've been prescribed, and you need to exceed that quantity limit, your physician must submit a quantity limit override request form to Prime Therapeutics for a possible waiver of the quantity limit.

If you have questions regarding these changes to the Plan's Prescription Drug Benefit, you can contact Wilson McShane at 1-800-535-6373

STATEMENT OF NONDISCRIMINATION

The Sheet Metal #10 Benefit Fund ("Fund") complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. The Fund does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

The Fund provides free aids and services to people with disabilities to effectively communicate with us, such as:

- Qualified sign interpreters
- Written information in other formats (large print, audio, and accessible electronic formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need any of the above noted services, contact the Plan Administrator at 952-854-0795.

If you believe that the Fund has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can contact the Plan Administrator at 952-854-0795 or you may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

Sheet Metal #10 Benefit Fund

OFFICE OF THE ADMINISTRATOR
1681 East Cope Ave, Suite B, Maplewood, MN 55109
651-770-0991 Fax 651-770-1351 1-800-396-2903

December 2018

IMPORTANT ANNOUNCEMENT FOR RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plan for Retired Participants on the effective dates provided below.

1. Appendix A – Retiree HRA Plan

Effective December 1, 2018, the “Eligible Retiree HRA Benefits” provisions for the Retiree HRA Plan are amended to provide as follows:

Appendix A - Retiree HRA Plan

Establishment of HRA feature to Plan

The Trustees, as Plan sponsor, established the Retiree HRA Plan (“Retiree HRA”) as a feature of the Sheet Metal Local #10 Benefit Fund for Retired Participants, effective January 1, 2015 (the “Effective Date”).

Legal Status

This Retiree HRA Plan feature is intended to qualify as a medical reimbursement arrangement under Code sections 105 and 106 and the related regulations, and as a Health Reimbursement Arrangement as defined under IRS Notice 2002-45 and shall be interpreted to accomplish that objective. The Retiree HRA Benefits reimbursed under this Retiree HRA are intended to qualify as Medical Care Expenses eligible for exclusion from a Retiree’s income under Code section 105(b). The Retiree HRA Plan will reimburse qualified medical care expenses as provided in Code section 213(d).

Definitions Applicable to Retiree HRA Plan

“Retiree HRA Benefits” means the reimbursement of benefits as further defined in the *Eligible Retiree HRA Benefits* section below.

“Retiree HRA Account” means the HRA Account described under the “Establishment of Retiree HRA Account” section.

“Retiree” means a retiree eligible for benefits under the Sheet Metal #10 Benefit Fund for Retired Participants.

Eligibility to Participate

A Retiree is eligible to participate in the Retiree HRA as long as they meet the “Eligibility Rules” as detailed on page **Error! Bookmark not defined.** of this Plan Document.

Conversion of Dollar Bank to Retiree HRA Account

At retirement, a Retiree’s Dollar Bank in the Sheet Metal #10 Benefit Fund will be converted to a Retiree HRA Account for use under the Sheet Metal #10 Benefit Fund for Retirees and their Dependents as further detailed below. In no event will Retiree HRA Benefits be provided in the form of cash or any other taxable or nontaxable benefit other than reimbursement for Retiree HRA Benefits.

Establishment of Retiree HRA Account

A Retiree HRA Account will be established and maintained with respect to each individual Retiree. The HRA Account so established will merely be a recordkeeping account for the purpose of keeping track of contributions and available reimbursement amounts from the Trust.

- *Crediting of Accounts.* The Retiree HRA Account will be credited with the dollar-for-dollar amount of the Retiree’s Dollar Bank balance at the time of the Retiree’s election for Retiree coverage.
- *Debiting of Accounts.* An Individual’s Retiree HRA Account will be debited in the amount of any reimbursement for unreimbursed medical expenses as well as for the monthly premium required for Retiree coverage under this Plan only until such time as (1) the Retiree Opts-Out of coverage under the Sheet Metal #10 Benefit Fund for Retired Participants, (2) exhausts their Retiree HRA Account, or (3) otherwise loses coverage due to another provision of the Retiree Plan.
- *Available Amount.* The amount available for reimbursement of medical expenses or debiting for Retiree Plan premiums from the Retiree HRA Account to the Sheet Metal #10 Benefit Fund for Retired Participants is the amount credited to an HRA Account reduced by prior monthly debits from the Retiree HRA Account to pay for coverage or reimburse for submitted qualified medical expenses.

Eligible Retiree HRA Benefits

The Retiree HRA will reimburse any qualified medical care expense under IRS Code §213(d) incurred on and after December 1, 2018. A qualified medical care expense is incurred at the time the medical care or service is furnished, and not when you are formally billed for, charged for, or pay for the medical care. In addition, expenses payable from your HRA Account must be substantiated. Expenses for your Eligible Dependents can be reimbursed from your Retiree HRA Account as well.

The following expenses are eligible for reimbursement in accordance with the rules and procedures in this HRA Plan. However, this is not intended to be an all-inclusive list. Other expenses not listed here may be reimbursable.

- Acupuncture
- Alcoholism (the treatment of)
- Ambulance
- Annual Physical Examination
- Artificial Limb
- Bandages
- Birth Control Pills
- Braille Books and Magazines
- Breast Reconstruction Surgery
- Chiropractor
- Christian Science Practitioner
- Contact Lenses
- Crutches
- Dental Treatment
- Dental X-rays
- Dentures
- Diagnostic Devices
- Drug Addiction (the treatment of)
- Eyeglasses
- Eye Surgery
- Fertility Enhancement
- Guide Dog
- Gum Treatment
- Gynecologist
- Hearing Aids and Batteries
- Hospital Bills
- Hydrotherapy
- Insulin Treatments
- Insurance Premiums for COBRA or Medicare
- Lab Tests
- Lead Paint Removal
- Lodging (away from home for outpatient care)
- Metabolism Tests
- Neurologist Services
- Nursing Services
- Obstetrician Services
- Operating Room Costs
- Ophthalmologist Services
- Optician Services
- Optometrist Services
- Oral Surgery
- Organ Transplants (including donor's expenses)

- Orthopedic Shoes
- Orthopedist Services
- Osteopath Services
- Over-the-Counter Medications (if prescribed by a Physician, doctor or surgeon)
- Oxygen and Oxygen Equipment
- Pediatrician Services
- Physician Services
- Physiotherapist Services
- Podiatrist Services
- Postnatal Treatments
- Practical Nurse Medical Services
- Pregnancy Test Kit
- Prenatal Care
- Prescription Medicines
- Prosthesis
- Psychiatrist Services
- Psychoanalyst Services
- Psychologist Services
- Psychotherapy
- Qualified Long-Term Care Insurance Premiums (up to certain limits)
- Registered Nurse Services
- Self-payment contributions to the Plan
- Special School Costs for the Handicapped
- Splints
- Sterilization
- Stop Smoking Programs
- Surgeon Services
- Telephone or TV Equipment to Assist the Hard-of-Hearing
- Therapy Equipment
- Transportation Expenses (relative to health care)
- Vaccines
- Vasectomy
- Vitamins (if prescribed)
- Weight-Loss Program
- Wig
- Wheelchair
- X-rays

Non-Reimbursable Expenses

Qualified Medical Care Expenses can only be reimbursed when they have not already been reimbursed by another insurance plan, or any other accident plan or health plan, including a Health Flexible Spending Account (FSA). If a portion of a Qualified Medical Care Expense has been reimbursed elsewhere (e.g., because the health insurance plan imposes copayment or deductible limitations), you can be reimbursed for the remaining portion of such an expense (e.g., the deductible or copay) through your HRA Account if the expense otherwise meets the requirements of a Qualified Medical Care Expense.

"Qualified Medical Care Expenses" will not include the following expenses (not an exhaustive list):

- Athletic, Fitness, or Health Club Membership
- Automobile Insurance Premium (allocable to medical coverage)
- Boarding School Fees
- Bottled Water
- Commuting Expenses of a Disabled Person
- Cosmetic Surgery and Procedures
- Cosmetics, Hygiene Products, and Similar Items
- Diaper Service
- Domestic Help
- Funeral, Cremation, or Burial Expenses
- Health Programs offered by Resort Hotels, Health Clubs, and Gyms
- Illegal Operations and Treatments
- Illegally Procured Drugs
- Massage Therapy (unless prescribed)
- Maternity Clothes
- Premiums for health insurance for individual or group policies other than the Welfare Plan
- Scientology Counseling
- Social Activities
- Special Foods or Beverages
- Specially Designed Car for the Handicapped (other than an autoette or special equipment)
- Swimming Pool
- Travel (for general health improvement)
- Tuition and Travel Expenses (for a problem child to a particular school)
- Voluntary Abortion Expenses
- Weight Loss Programs (for general health)
- Any Item not considered "Medical Care" under IRC Section 213

Reimbursement Procedures

Your Retiree HRA Plan Account will be debited monthly for the cost of Retiree Plan coverage.

If you wish to be reimbursed for any unreimbursed qualified medical expenses, you must take the following steps:

- Obtain an HRA Reimbursement Form from either the Fund Office or Wilson-McShane;
- Complete the Reimbursement Form and attach to the form receipts/documentation substantiating the expense for which reimbursement is sought;
- Reimbursement will then be issued along with an Explanation of Benefits.

Termination of Participation

Retirees will have their Eligibility terminate pursuant to the “Termination of Eligibility” provisions on page 20 of this Plan Document.

Maximum Annual Benefit

There is no annual maximum benefit under the Retiree HRA Account. The Retiree may use their Retiree HRA Account as long as they remain eligible under the Plan and there is a Retiree HRA Account balance.

If You Return to Active Employment

In the event a Retiree returns to active employment and qualifies for active coverage under the “Re-Qualifying Eligibility” provisions of the Sheet Metal #10 Benefit Fund for Active Participants, the Retiree’s Retiree HRA Account will be frozen. The Retiree HRA Account will not be converted back to a Dollar Bank. If the Retiree once again retires and gains eligibility for coverage under this Plan, their Retiree HRA Account will be unfrozen and once again available for use to pay for coverage under this Plan.

Spend Down/Forfeitures

In the event the Retiree dies the balance in his HRA Account will be available for use by his Dependents, if any, to continue to pay for coverage under this Plan or receive reimbursement for unreimbursed qualified medical expenses until such time as the Retiree HRA Account is exhausted.

Funding This Plan Feature

All of the amounts payable under this Retiree HRA Account Plan will be paid from the general assets of the Trust. Nothing in this description will be construed to require the Trustees to maintain any fund or to segregate any amount for the benefit of any Retiree, and no Retiree or other person shall have any claim against, right to, or security or other interest in any fund, account or asset of the Trust from which any payment under this Retiree HRA Account Plan may be made.

Minnesota/North Dakota/South Dakota Languages

Language	Translation
English	Attention: If you speak (insert language), language assistance services, free of charge, are available to you. Call 1-952-854-0795.
Spanish	Atención: Si usted habla (español), tenemos disponible para usted el servicio de ayuda en su idioma sin costo alguno. Llame al 1-952-854-0795.
Hmong	Faj Seeb: Yog hais tias koj hais (Hmoob), kev pab cuam pab txhais lus, dawb tsis tau them, yeej muaj muab rau koj. Hu 1-952854-0795.
Cushite	Hubachiisa: Yoo kan afaan Oromoo dubbattan ta'e tajaajilli gargaarsa hiikoo afaanii ni argattu. Lakk. 1-952-854-0795 tiin bilbilaa.
Vietnamese	Nếu quý vị nói (tiếng Việt), chúng tôi có dịch vụ hỗ trợ ngôn ngữ sẵn sàng phục vụ quý vị miễn phí. Vui lòng gọi: 1-952-854-0795
Chinese	请注意：如果您讲中文，则您可以获得免费的语言协助服务。请致电：1-952-854-0795。
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Karen	w>'k;oh.ng=erh>uwdR (unDusdm)< usdmw>rRpXRw>zH;w>rRwz.< vXwvXmbL;vJ< td.vXe*D>M.vDRI ud;vD wJpdql 1-952-854-0795 wuh>I
German	Hinweis: Wenn Sie (Deutsche) sprechen, stehen Ihnen kostenlose Sprachhilfsdienste zur Verfügung. Rufen Sie unter 1-952-854-0795 an.
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Arabic	ملاحظة: إذا كنت تتحدث (العربية)، فيرجى العلم بأنه يمكنك الاستفادة من خدمات المساعدة اللغوية مجانًا. اتصل بالرقم: 1-952-854-0795.
French	Attention : Si vous parlez (Français), des services langagiers vous sont offerts gratuitement. Veuillez composer le 1-952-854-0795.
Korean	참고: 한국어 지원 서비스를 무료로 제공합니다. 문의전화 1-952-854-0795

Tagalog

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